

ISOS Course: **Young Female Leaders in Science**

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1 + 2 March 2016 | 09:00 - 17:00 h

At the level of group leaders and professors, women clearly form a minority in the world of scientific research. One of the reasons for women not to continue an academic career is the lack of self-confidence (*): very often women don't believe that they will be able to make it. In order to help women to feel stronger and more content in the world of scientific research, this course focuses on strengthening self-confidence, establishing authority, dealing with rejection, improving the ability to network and building strong negotiation skills.

Leading a lab in academia is not a 9 to 5 job. Combining this with a family puts hard pressure on women. In addition to working on the skills mentioned above, this course provides you with tools to be able to handle the juggling game of science and family, like building a good support group, being aware of your needs and being able to express them, striving for the "good enough principle", dealing with guilt, delegation and learning to say NO.

The course addresses the issues mentioned above interactively via case-studies, small group work, and discussion groups, providing hands-on experience.

Sue Hewitt and Sašo Kočevár regularly give courses for scientists of various career levels at institutions like Harvard Medical School (Boston, MA), MIT (Cambridge, MA), Weizmann Institute of Science (Rehovot, Israel), Wellcome Trust Sanger Institute (UK).

(*): Falling off the academic bandwagon - Women are more likely to quit at the postdoc to principal investigator transition Elisabeth D. Martinez, Jeannine Botos, Kathleen M. Dohoney, Theresa M. Geiman, Sarah S. Kolla, Ana Olivera, Yi Qiu, Geetha Vani Rayasam, Diana A. Stavreva & Orna Cohen-Fix, EMBO reports 8, 11, 977, 981 (2007).

Venue: Leibnizstraße 1, room 105a /b

ISOS PhDs have priority in our courses.

Child care can be provided if we have two weeks advance notice.



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www.futureocean.org/isos